

Christian Educators Resource Center

Garment Sewing

Liz Hach

Purpose of the course is to provide a firm foundation of basic sewing skills, vocabulary, and techniques through basic garment construction.

For this one day workshop, we will begin with proper machine set-up, and sewing warm-ups. The focus will be on proper fabric preparation and cutting – including alignment; and basic garment formation. With supervision, students will create their garments, learning to follow a basic pattern.

We will take a break for lunch.

Materials Needed: Portable sewing machine; woven fabric (no knits) enough for pattern – pre-washed and dried; Basic (Easy) garment pattern – paper pieces pre-cut; Sewing Box including spool of cotton thread; 2 bobbins filled with matching thread; 1 empty bobbin; fabric scissors; pinking shears; seam ripper; sewing needle; pen and paper for notes.

Please note: Serger will have white thread. If your student would like to learn a basic gathered skirt, without pattern, please let the teacher know.

Tuition: \$45

Materials Fee: \$5

Grade Level: 5th +